

FLORIDA PROGRAM

The Florida program is five days in length and is made up of 48-72 players split into 4-6 teams for morning intersquad games. These games allow us to showcase our skills for the college coaches and pro scouts in attendance. In the afternoon, those same college coaches and pro scouts give us small-group instruction at our defensive positions. Then, each evening we have a one-hour classroom session where we learn about things like college recruiting, off-season conditioning, and nutrition. At the end of the program each player receives a simple skill evaluation report giving them things they can continue to work on.

This particular program is held at the Roger Dean Complex in Jupiter, Florida. The Complex is the spring-training home of the St. Louis Cardinals and Miami Marlins and we get to work out on the same fields they use for their own training.

ARIZONA PROGRAM

The Arizona program is five days in length and is made up of 24-48 players split into 2-4 teams for morning intersquad games. These games allow us to showcase our skills for the college coaches and pro scouts in attendance. In the afternoon, those same college coaches and pro scouts give us small-group instruction at our defensive positions. Then, each evening we have a one-hour classroom session where we learn about things like college recruiting, off-season conditioning, and nutrition. At the end of the program each player receives a simple skill evaluation report giving them things they can continue to work on.

This particular program is held at the Peoria Sports Complex in Peoria, Arizona. The Complex is the spring-training home of the San Diego Padres and Seattle Mariners and we get to work out on the same fields they use for their own training.

PUERTO RICO PROGRAM

The Puerto Rico program is designed for players who want to represent the USA against some of the world's top Latin competition. This trip features daily instructional sessions each morning as well as two classroom seminars, but the real focus of the trip are the nightly games we play at against top Puerto Rican teams. Playing on some of the same fields used by Puerto Rican greats like Roberto Clemente, the Alomar brothers, Carlos Delgado, Bernie Williams, Ivan Rodriguez, Orlando Cepeda and others, will be a thrill, but more importantly, it will help me take my game to the next level.

While we are in San Juan, the group will also travel to the original Spanish settlement on the Island (Old San Juan) where we will have a chance to see the 400 year old El Morro (fort). We will also visit the Puerto Rican Sports Museum where we can learn about the many great athletes who have come from this small island.